

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

1 - Jornada Única

21-01-2012 - 15:00

Prova 1	Femin., 50m Livres				12 anos e mais velhos	
21-01-2012 - 15:00					Resultados	
Rec. Nac. 25m Absoluto	24.94	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	2009	
Rec. Nac. 25m INF A	28.32	Ines Camacho Fernandes	SCP	Ponte Sor	2010	
Rec. Nac. 25m JUV	27.16	Harriet Larcher Smith	CFB	Tomar	2003	
Rec. Nac. 25m JUN	26.14	Maria Carolina Rosa	SCP	S. António Cavaleiros	2009	
Rec. Nac. 25m SEN	24.94	Patricia Vilas Conceicao	CNA	S. António Cavaleiros	2009	
Rec. Torneio	26.78	Sara Madeira	CNVG	Alcobaça	2008	

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Gabriela Oliveira Andrade	94 Náutico Académico	<b>28.03</b>	570
2. Catarina Tiago Nunes	95 União Piedense	<b>28.05</b>	569
3. Carolina Sanchez Rodrigues	97 Algés	<b>28.35</b>	551
4. Maria Malaguerra Costa	98 SCC/Oryzon Energias	<b>28.44</b>	546
5. Maria Mar Costa	95 Naval Setubalense	<b>28.80</b>	526
6. Ana Monica Eloi	96 Desportivo Náutico da Marinha	<b>29.36</b>	496
7. Joana Margarida Monteiro	91 Pimpões/Cimai	<b>29.38</b>	495
8. Ana Filipa Carmo	93 Colégio Vasco da Gama	<b>29.45</b>	492
9. Marcia Filipa Carvalho	96 Torres Novas	<b>29.70</b>	479
10. Ines Filipa Borges	95 Alcobaça	<b>29.94</b>	468
11. Joana Sousa Pereira	99 BA/Mr.Pizza	<b>30.96</b>	423
12. Beatriz Duarte Matias	97 Núcleo de Pombal	<b>31.82</b>	390
13. Patricia Sousa Paulo	96 Benedita	<b>32.10</b>	379
14. Ines Ricardo Amaral	95 Naval da Nazaré	<b>36.37</b>	261
EXH Mara Casimiro Ribeiro	97 Alcobaça	<b>32.15</b>	378

Prova 2	Masc., 50m Livres				13 anos e mais velhos	
21-01-2012 - 15:02					Resultados	
Rec. Nac. 25m Absoluto	21.64	Alexandre Escudier Agostinho	PORTIN	S. António Cavaleiros	2009	
Rec. Nac. 25m INF B	26.73	tempo limite				
Rec. Nac. 25m INF A	25.33	Tiago Filipe Pereira	ADBA	Leiria	2005	
Rec. Nac. 25m JUV B	23.96	Diogo Gomes Sousa	CNCVG	Ponte de Sôr	2009	
Rec. Nac. 25m JUV A	24.16	David Miguel Ferro	SFUAP	Algés	2000	
Rec. Nac. 25m JUN	22.33	Tiago Andre Venancio	FPN	Viena (AUT)	2003	
Rec. Nac. 25m SEN	21.64	Alexandre Escudier Agostinho	PORTIN	S. António Cavaleiros	2009	
Rec. Torneio	23.50	José Couto	CNA	Alcobaça	2002	

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Mario Alexandre Pereira	92 Náutico Académico	<b>23.15</b>	674
2. Diogo Gomes Sousa	95 Colégio Vasco da Gama	<b>24.25</b>	586
3. Vasco Miguel Gaspar	90 União Piedense	<b>24.68</b>	556
4. Pedro Andre Santos	94 Algés	<b>24.80</b>	548
5. Afonso Lopes dos Santos	95 Pimpões/Cimai	<b>25.02</b>	534
6. Joao Petinga de Almeida	94 Naval da Nazaré	<b>25.03</b>	533
7. Daniel Ribeiro Sousa	95 Desportivo Náutico da Marinha	<b>25.43</b>	508
8. Ricardo Jose Varela	89 Naval Setubalense	<b>25.83</b>	485
9. Tiago Miguel Alves	95 SCC/Oryzon Energias	<b>26.63</b>	442
10. Diogo Ferreira Neto	95 BA/Mr.Pizza	<b>26.88</b>	430
11. Goncalo Ferreira Gameiro	94 Núcleo de Pombal	<b>27.01</b>	424
12. Duarte Brites Policarpo	95 Torres Novas	<b>27.35</b>	408
13. Guilherme Filipe Pina	98 Benedita	<b>28.46</b>	362
DSQ Diogo Parrilha da Silva	93 Alcobaça		

*O atleta desistiu*

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

Prova 2, Masc., 50m Livres

Lugar	Ano	Tempo final	Pts
EXH Alexandre Miguel Laureano	97 Alcobaça	<b>26.87</b>	431
EXH Maksym Myron	99 Alcobaça	<b>38.41</b>	147

Prova 3 Femin., 200m Bruços Infantil B  
21-01-2012 - 15:04 Resultados

Rec. Nac. 25m Absoluto	2:25.87	Diana Duarte Gomes	CNA	S. António Cavaleiros	2009
Rec. Nac. 25m INF B	2:46.41	tempo limite			
Rec. Torneio	2:55.73	Rita Gomes	CNAI	Alcobaça	2003

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Raquel Gomes Pereira	00 Algés	<b>2:55.30</b>	452
50m: 40.07 40.07	100m: 1:25.49 45.42	200m: 2:55.30 1:29.81	
2. Monica Seara Domingues	00 Desportivo Náutico da Marinha	<b>3:01.13</b>	410
50m: 42.48 42.48	100m: 1:29.07 46.59	150m: 2:16.18 47.11	200m: 3:01.13 44.95
3. Margarida Valente Orrico	00 União Piedense	<b>3:24.84</b>	283
50m: 45.05 45.05	100m: 1:37.05 52.00	200m: 3:24.84 1:47.79	
4. Ines Risso Fernandes	00 Colégio Vasco da Gama	<b>3:33.16</b>	251
50m: 48.68 48.68	100m: 1:42.67 53.99	200m: 3:33.16 1:50.49	
DNS Ana Joao Marreiros	00 Núcleo de Pombal		

Prova 3 Femin., 200m Bruços Infantil A  
21-01-2012 - 15:04 Resultados

Rec. Nac. 25m Absoluto	2:25.87	Diana Duarte Gomes	CNA	S. António Cavaleiros	2009
Rec. Nac. 25m INF A	2:42.50	Filipa Vilas Ruivo	DNMG	Nazaré	2010
Rec. Torneio	2:48.31	Ana Marisa Brito	SCP	Alcobaça	2003

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Maria Eduarda Veiga	99 Náutico Académico	<b>2:51.76</b>	480
50m: 40.18 40.18	100m: 1:23.83 43.65	150m: 2:07.92 44.09	200m: 2:51.76 43.84
2. Madalena Gomes Azevedo	99 Algés	<b>3:00.40</b>	415
50m: 42.23 42.23	100m: 1:28.49 46.26	150m: 2:15.67 47.18	200m: 3:00.40 44.73
3. Sara Mafra Rocha	99 Alcobaça	<b>3:00.93</b>	411
50m: 42.01 42.01	100m: 1:28.03 46.02	150m: 2:15.13 47.10	200m: 3:00.93 45.80
4. Ana Sofia Ferreira	99 Pimpões/Cimai	<b>3:02.76</b>	399
50m: 41.44 41.44	100m: 1:28.10 46.66	150m: 2:15.61 47.51	200m: 3:02.76 47.15
5. Carolina Santos Martins	99 BA/Mr.Pizza	<b>3:04.42</b>	388
50m: 42.17 42.17	100m: 1:29.06 46.89	150m: 2:17.86 48.80	200m: 3:04.42 46.56
6. Ana Mafalda Duarte	99 SCC/Oryzon Energias	<b>3:07.62</b>	368
50m: 42.29 42.29	100m: 1:31.05 48.76	200m: 3:07.62 1:36.57	

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

Prova 3, Femin., 200m Bruços

Prova 3 Femin., 200m Bruços Juvenil Resultados  
21-01-2012 - 15:04

Rec. Nac. 25m Absoluto	2:25.87	Diana Duarte Gomes	CNA	S. António Cavaleiros	2009
Rec. Nac. 25m JUV	2:34.51	Diana Duarte Gomes	ABVE	Reboleira	2003
Rec. Torneio	2:42.08	Ana Rita Ismael	CVG	Alcobaça	2006

Pontos: FINA 2011

Lugar		Ano		Tempo final	Pts	
1. Ana Beatriz Marques		98	Algés	<b>2:45.79</b>	534	
50m: 38.02 38.02	100m: 1:20.04	42.02	150m: 2:03.21	43.17	200m: 2:45.79	42.58
2. Rita Mateus Lopes		98	Náutico Académico	<b>2:53.76</b>	464	
50m: 40.75 40.75	100m: 1:25.13	44.38	150m: 2:09.03	43.90	200m: 2:53.76	44.73
3. Ines Serra Duarte		98	Naval da Nazaré	<b>3:01.44</b>	407	
50m: 41.27 41.27	100m: 1:27.22	45.95	150m: 2:14.46	47.24	200m: 3:01.44	46.98
4. Ines Filipa Cruz		98	União Piedense	<b>3:02.91</b>	398	
50m: 41.73 41.73	100m: 1:28.30	46.57	200m: 3:02.91	1:34.61		
5. Cristiana Vanessa Malho		98	Alcobaça	<b>3:13.37</b>	337	
50m: 44.42 44.42	100m: 1:33.63	49.21	200m: 3:13.37	1:39.74		
DNS Marcia Jacinto Santos		98	Pimpões/Cimai			
DNS Raquel Anastacio Cruz		98	Torres Novas			

Prova 3 Femin., 200m Bruços Absoluto Resultados  
21-01-2012 - 15:04

Rec. Nac. 25m Absoluto	2:25.87	Diana Duarte Gomes	CNA	S. António Cavaleiros	2009
Rec. Nac. 25m JUN	2:29.56	Ana Rita Santos	FPN	Dublin (IRL)	2003
Rec. Nac. 25m SEN	2:25.87	Diana Duarte Gomes	CNA	S. António Cavaleiros	2009
Rec. Torneio	2:32.36	Diana Gomes	ABVE	Alcobaça	2004

Pontos: FINA 2011

Lugar		Ano		Tempo final	Pts		
1. Victoria Kaminskaya		95	Pimpões/Cimai	<b>2:28.89</b>	738		
<i>Recorde do Torneio</i>	50m: 34.52 34.52	100m: 1:11.92	37.40	150m: 1:50.15	38.23	200m: 2:28.89	38.74
2. Joana Dias Santos		96	União Piedense	<b>2:43.65</b>	556		
50m: 37.63 37.63	100m: 1:19.11	41.48	150m: 2:01.09	41.98	200m: 2:43.65	42.56	
3. Ana Beatriz Pereira		91	Colégio Vasco da Gama	<b>2:44.94</b>	543		
50m: 37.93 37.93	100m: 1:19.61	41.68	150m: 2:02.15	42.54	200m: 2:44.94	42.79	
4. Barbara Sofia Barata		97	Algés	<b>2:47.70</b>	516		
50m: 38.73 38.73	100m: 1:21.11	42.38	150m: 2:04.38	43.27	200m: 2:47.70	43.32	
5. Melissa Cardoso Relva		97	BA/Mr.Pizza	<b>3:01.36</b>	408		
50m: 41.84 41.84	100m: 1:28.07	46.23	150m: 2:15.09	47.02	200m: 3:01.36	46.27	
DNS Catarina Neves Conceicao		97	Torres Novas				

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

Prova 4 Masc., 200m Bruços Infantil B  
21-01-2012 - 15:17 Resultados

Rec. Nac. 25m Absoluto	2:08.80	Nuno Goncalo Quintanilha	LDC	S. António Cavaleiros	2009
Rec. Nac. 25m INF B	2:37.57	Tomas Miguel Freitas	CDN	Funchal	2003
Rec. Torneio	2:44.00	Diogo Silva	CNAI	Alcobaça	2006

Pontos: FINA 2011

Lugar		Ano		Tempo final	Pts
1. Joao Daniel Machado		99	União Piedense	<b>3:06.50</b>	270
50m: 41.89 41.89	100m: 1:29.06		47.17 150m: 2:17.25 48.19	200m: 3:06.50	49.25
2. Tiago Correia Faustino		99	Alcobaça	<b>3:10.69</b>	253
50m: 43.84 43.84	100m: 1:32.93		49.09 150m: 2:22.76 49.83	200m: 3:10.69	47.93
3. Antonio Maria Pereira		99	Pimpões/Cimai	<b>3:11.22</b>	251
50m: 45.08 45.08	100m: 1:34.95		49.87 150m: 2:23.32 48.37	200m: 3:11.22	47.90
4. Henrique Lourenco Ferreira		99	Colégio Vasco da Gama	<b>3:11.95</b>	248
50m: 43.54 43.54	100m: 1:32.81		49.27 150m: 2:23.36 50.55	200m: 3:11.95	48.59
5. Marco Andre Miguel		99	Torres Novas	<b>3:12.50</b>	246
50m: 44.41 44.41	100m: 1:33.35		48.94 150m: 2:23.33 49.98	200m: 3:12.50	49.17
6. Nazar Bezkorovaynyy		99	Naval da Nazaré	<b>3:14.03</b>	240
50m: 44.39 44.39	100m: 1:34.17		49.78 150m: 2:24.44 50.27	200m: 3:14.03	49.59
7. João Filipe Marques		99	Naval Setubalense	<b>3:36.61</b>	172
50m: 49.90 49.90	100m: 1:44.98		55.08 150m: 2:42.77 57.79	200m: 3:36.61	53.84

Prova 4 Masc., 200m Bruços Infantil A  
21-01-2012 - 15:17 Resultados

Rec. Nac. 25m Absoluto	2:08.80	Nuno Goncalo Quintanilha	LDC	S. António Cavaleiros	2009
Rec. Nac. 25m INF A	2:29.59	Luis Manuel Fernandes	GDNVNF	Cantanhede	2009
Rec. Torneio	2:34.80	Luis Alvarez	RCNV	Alcobaça	2004

Pontos: FINA 2011

Lugar		Ano		Tempo final	Pts
1. Antonio Fernandes Carrico		98	Pimpões/Cimai	<b>2:33.59</b>	484
<i>Recorde do Torneio</i>					
50m: 35.20 35.20	100m: 1:14.05		38.85 150m: 1:55.22 41.17	200m: 2:33.59	38.37
2. Tiago Moises Dinis		98	Náutico Académico	<b>2:41.11</b>	420
50m: 36.49 36.49	100m: 1:17.41		40.92 150m: 1:59.48 42.07	200m: 2:41.11	41.63
3. Hugo Pon		98	Algés	<b>2:42.61</b>	408
50m: 36.50 36.50	100m: 1:17.83		41.33 150m: 2:00.20 42.37	200m: 2:42.61	42.41
4. Diogo Filipe Rodrigues		98	BA/Mr.Pizza	<b>3:05.72</b>	274
50m: 41.79 41.79	100m: 1:29.58		47.79 150m: 2:18.47 48.89	200m: 3:05.72	47.25
5. Guilherme Miguel Luis		98	Naval Setubalense	<b>3:06.43</b>	271
50m: 41.14 41.14	100m: 1:27.47		46.33 150m: 2:16.12 48.65	200m: 3:06.43	50.31
DNS Andre Pereira Coelho		98	Alcobaça		
DNS Ricardo Pereira Coelho		98	Alcobaça		

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

Prova 4, Masc., 200m Bruços

Prova 4 Masc., 200m Bruços Juvenil B  
21-01-2012 - 15:17 Resultados

Rec. Nac. 25m Absoluto	2:08.80	Nuno Goncalo Quintanilha	LDC	S. António Cavaleiros	2009
Rec. Nac. 25m JUV B	2:21.70	Luis Manuel Fernandes	GDNVNF	Paços Ferreira	2009
Rec. Torneio	2:30.13	Carlos Almeida	CNA	Alcobaça	2003

Pontos: FINA 2011

Lugar		Ano		Tempo final	Pts	
1. Filipe Oliveira Marques		97	BA/Mr.Pizza	<b>2:36.69</b>	456	
50m: 34.31 34.31	100m: 1:13.85	39.54	150m: 1:55.29	41.44	200m: 2:36.69	41.40
2. Tiago Bernardo Marques		97	União Piedense	<b>2:42.22</b>	411	
50m: 35.93 35.93	100m: 1:17.25	41.32	150m: 1:59.96	42.71	200m: 2:42.22	42.26
3. Joao Bernardo Jorge		97	Alcobaça	<b>2:43.37</b>	402	
50m: 35.94 35.94	100m: 1:16.63	40.69	150m: 2:00.44	43.81	200m: 2:43.37	42.93
4. Manuel Maria Cunha		97	Naval Setubalense	<b>2:58.81</b>	307	
50m: 41.38 41.38	100m: 1:26.47	45.09	150m: 2:13.20	46.73	200m: 2:58.81	45.61

Prova 4 Masc., 200m Bruços Juvenil A  
21-01-2012 - 15:17 Resultados

Rec. Nac. 25m Absoluto	2:08.80	Nuno Goncalo Quintanilha	LDC	S. António Cavaleiros	2009
Rec. Nac. 25m JUV A	2:18.42	tempo limite			
Rec. Torneio	2:23.46	Carlos Almeida	CNA	Alcobaça	2004

Pontos: FINA 2011

Lugar		Ano		Tempo final	Pts	
1. Tomas Miguel Veloso		96	Náutico Académico	<b>2:25.37</b>	571	
50m: 33.43 33.43	100m: 1:10.48	37.05	150m: 1:47.88	37.40	200m: 2:25.37	37.49
2. Jose Pedro Bugalho		96	Alcobaça	<b>2:39.82</b>	430	
50m: 36.35 36.35	100m: 1:17.03	40.68	150m: 1:58.60	41.57	200m: 2:39.82	41.22
3. Guilherme Antonio Reis		96	Torres Novas	<b>2:45.96</b>	384	
50m: 37.68 37.68	100m: 1:20.38	42.70	150m: 2:03.52	43.14	200m: 2:45.96	42.44
4. Andre Duarte Luis		96	Naval Setubalense	<b>3:00.62</b>	298	
50m: 39.07 39.07	100m: 1:23.98	44.91	150m: 2:11.67	47.69	200m: 3:00.62	48.95

Prova 4 Masc., 200m Bruços Absolutos  
21-01-2012 - 15:17 Resultados

Rec. Nac. 25m Absoluto	2:08.80	Nuno Goncalo Quintanilha	LDC	S. António Cavaleiros	2009
Rec. Nac. 25m JUN	2:14.00	Pedro Miguel Agostinho	SCP	Leiria	2009
Rec. Nac. 25m SEN	2:08.80	Nuno Goncalo Quintanilha	LDC	S. António Cavaleiros	2009
Rec. Torneio	2:14.48	José Couto	CNA	Alcobaça	2002

Pontos: FINA 2011

Lugar		Ano		Tempo final	Pts	
1. Nuno Goncalo Quintanilha		87	Colégio Vasco da Gama	<b>2:17.98</b>	668	
50m: 32.15 32.15	100m: 1:07.40	35.25	150m: 1:42.70	35.30	200m: 2:17.98	35.28
2. Miguel Silva Oliveira		91	Náutico Académico	<b>2:18.58</b>	660	
50m: 32.13 32.13	100m: 1:07.08	34.95	150m: 1:42.89	35.81	200m: 2:18.58	35.69
3. Ricardo Jose Varela		89	Naval Setubalense	<b>2:20.68</b>	631	
50m: 31.87 31.87	100m: 1:07.35	35.48	150m: 1:43.43	36.08	200m: 2:20.68	37.25
4. Diogo Miguel Silva		95	União Piedense	<b>2:25.27</b>	573	
50m: 33.13 33.13	100m: 1:10.46	37.33	150m: 1:48.24	37.78	200m: 2:25.27	37.03
5. Hugo Neves Neto		94	SCC/Oryzon Energias	<b>2:33.32</b>	487	
50m: 35.89 35.89	100m: 1:15.17	39.28	150m: 1:54.34	39.17	200m: 2:33.32	38.98
6. Pedro Alexandre Bento		95	Algés	<b>2:33.54</b>	485	
50m: 33.68 33.68	100m: 1:11.42	37.74	150m: 1:51.70	40.28	200m: 2:33.54	41.84

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

Prova 4, Masc., 200m Bruços, Absolutos

Lugar	Ano	Tempo final	Pts
7. Diogo Antonio Lopes 50m: 34.75 34.75 100m: 1:14.31 39.56 150m: 1:54.71 40.40 200m: 2:35.57 40.86	95 Torres Novas	<b>2:35.57</b>	466
8. Diogo Manuel Domingues 50m: 36.36 36.36 100m: 1:16.20 39.84 150m: 1:57.16 40.96 200m: 2:38.90 41.74	94 BA/Mr.Pizza	<b>2:38.90</b>	437
EXH Nuno Miguel Feliciano 50m: 34.55 34.55 100m: 1:13.07 38.52 150m: 1:51.86 38.79 200m: 2:30.31 38.45	95 Alcobaça	<b>2:30.31</b>	517
EXH Andre Manuel Bento 50m: 36.32 36.32 100m: 1:17.07 40.75 150m: 2:00.18 43.11 200m: 2:42.27 42.09	96 Alcobaça	<b>2:42.27</b>	411

Prova 5 Femin., 200m Livres Infantil B  
21-01-2012 - 15:35 Resultados

Rec. Nac. 25m Absoluto	2:00.20	Marta Vieira Marinho	FCP	Porto	2010
Rec. Nac. 25m INF B	2:12.32	Beatriz Rodrigues Conde	SCP	Algés	2010
Rec. Torneio	2:25.66	Leonor Faria	SCB	Alcobaça	1998

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Ana Miguel Reis 50m: 33.05 33.05 100m: 1:08.59 35.54 150m: 1:45.27 36.68 200m: 2:21.41 36.14	00 SCC/Oryzon Energias	<b>2:21.41</b>	485
2. Laura Sanchez Rodrigues 50m: 33.93 33.93 100m: 1:11.31 37.38 150m: 1:48.29 36.98 200m: 2:23.40 35.11	00 Algés	<b>2:23.40</b>	465
3. Teresa Miguel Veloso 50m: 33.49 33.49 100m: 1:10.51 37.02 150m: 1:47.97 37.46 200m: 2:23.42 35.45	00 Náutico Académico	<b>2:23.42</b>	465
4. Rita Filipa Paulino 50m: 38.09 38.09 100m: 1:18.16 40.07 150m: 1:59.91 41.75 200m: 2:39.40 39.49	00 Naval Setubalense	<b>2:39.40</b>	339
5. Diana Sofia Mirra 50m: 36.13 36.13 100m: 1:18.42 42.29 200m: 2:46.62 1:28.20	00 BA/Mr.Pizza	<b>2:46.62</b>	297
6. Joana Mota Correia 50m: 38.66 38.66 100m: 1:22.45 43.79 150m: 2:06.66 44.21 200m: 2:48.30 41.64	00 Pimpões/Cimai	<b>2:48.30</b>	288
7. Lara Alexandra Delgado 50m: 39.97 39.97 100m: 1:24.00 44.03 150m: 2:08.87 44.87 200m: 2:52.37 43.50	00 Torres Novas	<b>2:52.37</b>	268
8. Susana Pereira Veiga 50m: 39.38 39.38 100m: 1:25.03 45.65 200m: 2:56.84 1:31.81	00 Colégio Vasco da Gama	<b>2:56.84</b>	248
9. Ana Sofia Rebelo 50m: 40.60 40.60 100m: 1:29.17 48.57 150m: 2:20.25 51.08 200m: 3:08.44 48.19	00 Benedita	<b>3:08.44</b>	205

Prova 5 Femin., 200m Livres Infantil A  
21-01-2012 - 15:35 Resultados

Rec. Nac. 25m Absoluto	2:00.20	Marta Vieira Marinho	FCP	Porto	2010
Rec. Nac. 25m INF A	2:09.46	Ines Camacho Fernandes	SCP	Tavira	2010
Rec. Torneio	2:14.47	Catia Martinheira	LDC	Alcobaça	2008

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Beatriz Barros Carmo 50m: 33.40 33.40 100m: 1:09.85 36.45 150m: 1:47.50 37.65 200m: 2:23.60 36.10	99 Colégio Vasco da Gama	<b>2:23.60</b>	463
2. Maria Santos Silva 50m: 32.92 32.92 100m: 1:09.25 36.33 150m: 1:47.30 38.05 200m: 2:23.76 36.46	99 Desportivo Náutico da Marinha	<b>2:23.76</b>	462
3. Madalena Gomes Azevedo 50m: 34.48 34.48 100m: 1:14.66 40.18 150m: 1:53.56 38.90 200m: 2:32.02 38.46	99 Algés	<b>2:32.02</b>	391

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

Prova 5, Femin., 200m Livres, Infantil A

Lugar			Ano					Tempo final	Pts
4.	Carolina Leal Serra		99	Torres Novas				<b>2:32.66</b>	386
	50m:	35.68 35.68	100m:	1:15.14	39.46	150m:	1:54.76 39.62	200m:	2:32.66 37.90
5.	Filipa Carreira Alves		99	União Piedense				<b>2:32.97</b>	383
	50m:	34.42 34.42	100m:	1:13.59	39.17	150m:	1:54.49 40.90	200m:	2:32.97 38.48
6.	Teresa Margarida Cunha		99	Naval Setubalense				<b>2:40.71</b>	331
	50m:	36.46 36.46	100m:	1:17.35	40.89	150m:	1:59.53 42.18	200m:	2:40.71 41.18
7.	Carolina Correia Marques		99	Benedita				<b>2:48.02</b>	289
	50m:	38.85 38.85	100m:	1:22.27	43.42	150m:	2:06.71 44.44	200m:	2:48.02 41.31

Prova 5 Femin., 200m Livres Juvenil Resultados

Rec. Nac. 25m Absoluto	2:00.20	Marta Vieira Marinho	FCP	Porto	2010
Rec. Nac. 25m JUV	2:06.53	Ana Claudia Santos	SFUAP	Mealhada	2004
Rec. Torneio	2:09.25	Susana Miguel	SFUAP	Alcobaça	2004

Pontos: FINA 2011

Lugar			Ano					Tempo final	Pts
1.	Mariana Portugal Costa		98	Náutico Académico				<b>2:18.90</b>	512
	50m:	32.36 32.36	100m:	1:08.41	36.05	150m:	1:44.39 35.98	200m:	2:18.90 34.51
2.	Catarina Martins Ribeiro		98	Desportivo Náutico da Marinha				<b>2:20.14</b>	499
	50m:	32.01 32.01	100m:	1:07.83	35.82	150m:	1:44.63 36.80	200m:	2:20.14 35.51
3.	Catarina Goncalves Leal		98	BA/Mr.Pizza				<b>2:23.81</b>	461
	50m:	33.98 33.98	100m:	1:10.83	36.85	150m:	1:47.82 36.99	200m:	2:23.81 35.99
4.	Carolina Matias Ribeiro		98	Naval Setubalense				<b>2:30.02</b>	406
	50m:	33.39 33.39	100m:	1:10.59	37.20	150m:	1:49.81 39.22	200m:	2:30.02 40.21
5.	Isabel Catarino Cravo		98	Núcleo de Pombal				<b>2:35.48</b>	365
	50m:	33.89 33.89	100m:	1:13.49	39.60	150m:	1:55.37 41.88	200m:	2:35.48 40.11
6.	Mariana Nogueira Machado		98	Colégio Vasco da Gama				<b>2:35.99</b>	361
	50m:	36.60 36.60	100m:	1:17.00	40.40	150m:	1:57.53 40.53	200m:	2:35.99 38.46
7.	Leonor Carlota Rodrigues		98	Benedita				<b>2:47.67</b>	291
	50m:	39.19 39.19	100m:	1:22.21	43.02	150m:	2:05.70 43.49	200m:	2:47.67 41.97

Prova 5 Femin., 200m Livres Absoluto Resultados

Rec. Nac. 25m Absoluto	2:00.20	Marta Vieira Marinho	FCP	Porto	2010
Rec. Nac. 25m JUN	2:02.42	Andreia Catarina Gomes	VSC	S. António Cavaleiros	2009
Rec. Nac. 25m SEN	2:00.20	Marta Vieira Marinho	FCP	Porto	2010
Rec. Torneio	2:06.78	Sara Loureiro	SCB	Alcobaça	2005

Pontos: FINA 2011

Lugar			Ano					Tempo final	Pts
1.	Florbela Cavaco Machado		96	SCC/Oryzon Energias				<b>2:08.41</b>	648
	50m:	30.41 30.41	100m:	1:03.14	32.73	150m:	1:36.31 33.17	200m:	2:08.41 32.10
2.	Maria Mar Costa		95	Naval Setubalense				<b>2:18.95</b>	512
	50m:	31.03 31.03	100m:	1:05.87	34.84	150m:	1:42.62 36.75	200m:	2:18.95 36.33
3.	Soraia Alexandra Marques		94	Benedita				<b>2:32.18</b>	389
	50m:	35.27 35.27	100m:	1:14.11	38.84	150m:	1:53.51 39.40	200m:	2:32.18 38.67
DSQ	Filipa Vilas Ruivo		97	Desportivo Náutico da Marinha					
	<i>Falsa partida</i>								
DNS	Catarina Neves Conceicao		97	Torres Novas					

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

Prova 5, Femin., 200m Livres

Lugar	Ano	Tempo final	Pts
EXH Matilde Correia Vieira <i>Recorde do Torneio</i>	00 Alcobaça	<b>2:25.00</b>	450
50m: 33.32 33.32	100m: 1:10.65 37.33	150m: 1:48.56 37.91	200m: 2:25.00 36.44
EXH Mara Casimiro Ribeiro	97 Alcobaça	<b>2:32.18</b>	389
50m: 34.64 34.64	100m: 1:13.04 38.40	150m: 1:54.10 41.06	200m: 2:32.18 38.08

Prova 6 Masc., 200m Livres Infantil B  
21-01-2012 - 15:50 Resultados

Rec. Nac. 25m Absoluto	1:45.69	Diogo Filipe Carvalho	CGA	S. António Cavaleiros	2009
Rec. Nac. 25m INF B	2:05.79	Pedro Fontoura Oliveira	CFB	Santarém	2003
Rec. Torneio	2:06.04	Nathan Theodoris	LDC	Alcobaça	2008

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Tomas Gomes Oliveira	99 Desportivo Náutico da Marinha	<b>2:12.84</b>	418
50m: 30.08 30.08	100m: 1:04.07 33.99	150m: 1:39.12 35.05	200m: 2:12.84 33.72
2. Gabriel Levi Gomes	99 SCC/Oryzon Energias	<b>2:17.62</b>	376
50m: 32.10 32.10	100m: 1:07.55 35.45	150m: 1:43.48 35.93	200m: 2:17.62 34.14
3. Andre Marques Antunes	99 Náutico Académico	<b>2:29.92</b>	291
50m: 33.57 33.57	100m: 1:12.37 38.80	150m: 1:52.07 39.70	200m: 2:29.92 37.85
4. Tiago Correia Faustino	99 Alcobaça	<b>2:32.11</b>	278
50m: 34.95 34.95	100m: 1:13.92 38.97	150m: 1:54.97 41.05	200m: 2:32.11 37.14
5. Goncalo Silva Fabiao	99 BA/Mr.Pizza	<b>2:33.07</b>	273
50m: 34.43 34.43	100m: 1:13.37 38.94	150m: 1:53.40 40.03	200m: 2:33.07 39.67
DNS Alexandre Santos Dionisio	99 Alcobaça		

Prova 6 Masc., 200m Livres Infantil A  
21-01-2012 - 15:50 Resultados

Rec. Nac. 25m Absoluto	1:45.69	Diogo Filipe Carvalho	CGA	S. António Cavaleiros	2009
Rec. Nac. 25m INF A	1:58.99	Pedro Fontoura Oliveira	CFB	Cova da Piedade	2004
Rec. Torneio	1:59.63	Nathan Theodoris	LDC	Alcobaça	2009

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Francisco Carvalho Machado	98 Algés	<b>2:08.14</b>	466
50m: 29.86 29.86	100m: 1:03.27 33.41	150m: 1:36.67 33.40	200m: 2:08.14 31.47
2. Roman Stefaniv	98 SCC/Oryzon Energias	<b>2:10.78</b>	438
50m: 28.56 28.56	100m: 1:02.36 33.80	150m: 1:37.61 35.25	200m: 2:10.78 33.17
3. Afonso Calais Queiroga	98 União Piedense	<b>2:11.11</b>	435
50m: 30.69 30.69	100m: 1:04.03 33.34	150m: 1:37.62 33.59	200m: 2:11.11 33.49
4. Jose Diogo Fonseca	98 Desportivo Náutico da Marinha	<b>2:12.44</b>	422
50m: 29.87 29.87	100m: 1:03.46 33.59	150m: 1:38.10 34.64	200m: 2:12.44 34.34
5. Tiago Santos Fernandes	98 Pimpões/Cimai	<b>2:18.71</b>	367
50m: 31.44 31.44	100m: 1:06.25 34.81	150m: 1:42.79 36.54	200m: 2:18.71 35.92
6. Francisco Rogerio Santos	98 Benedita	<b>2:19.14</b>	364
50m: 32.21 32.21	100m: 1:08.02 35.81	150m: 1:44.54 36.52	200m: 2:19.14 34.60
7. Alexandre Berton Carvalho	98 Colégio Vasco da Gama	<b>2:19.96</b>	357
50m: 31.94 31.94	100m: 1:06.76 34.82	150m: 1:43.79 37.03	200m: 2:19.96 36.17
8. Dario Fausto Matias	98 Torres Novas	<b>2:32.81</b>	274
50m: 34.01 34.01	100m: 1:13.01 39.00	150m: 1:53.53 40.52	200m: 2:32.81 39.28
DNS Andre Pereira Coelho	98 Alcobaça		
DNS Diogo Pereira Coelho	98 Alcobaça		

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

Prova 6, Masc., 200m Livres

Prova 6 Masc., 200m Livres Juvenil B  
21-01-2012 - 15:50 Resultados

Rec. Nac. 25m Absoluto	1:45.69	Diogo Filipe Carvalho	CGA	S. António Cavaleiros	2009
Rec. Nac. 25m JUV B	1:55.53	Diogo Filipe Carvalho	CGA	Ilhavo	2003
Rec. Torneio	1:58.97	Nathan Theodoris	LDC	Alcobaça	2010

Pontos: FINA 2011

Lugar		Ano		Tempo final	Pts
1. Francisco Xavier Goncalves		97	Náutico Académico	<b>2:03.42</b>	521
50m: 29.17 29.17	100m: 1:00.49	31.32	150m: 1:32.12 31.63	200m: 2:03.42	31.30
2. Alexandre Valdagua Coutinho		97	SCC/Oryzon Energias	<b>2:06.98</b>	479
50m: 28.80 28.80	100m: 1:00.75	31.95	150m: 1:34.32 33.57	200m: 2:06.98	32.66
3. Nuno Valerio Silva		97	Desportivo Náutico da Marinha	<b>2:08.14</b>	466
50m: 29.15 29.15	100m: 1:01.70	32.55	150m: 1:35.37 33.67	200m: 2:08.14	32.77
4. Joao Mota Correia		97	Pimpões/Cimai	<b>2:08.39</b>	463
50m: 29.58 29.58	100m: 1:02.53	32.95	150m: 1:36.02 33.49	200m: 2:08.39	32.37
5. Ricardo Miguel Ribeiro		97	BA/Mr.Pizza	<b>2:11.49</b>	431
50m: 29.63 29.63	100m: 1:03.41	33.78	150m: 1:37.22 33.81	200m: 2:11.49	34.27
6. João Pedro Tarquinio		97	Benedita	<b>2:18.82</b>	366
50m: 32.86 32.86	100m: 1:08.19	35.33	150m: 1:44.47 36.28	200m: 2:18.82	34.35
7. Joao Courelas Goncalves		97	Núcleo de Pombal	<b>2:20.31</b>	355
50m: 31.61 31.61	100m: 1:07.14	35.53	150m: 1:44.47 37.33	200m: 2:20.31	35.84

Prova 6 Masc., 200m Livres Juvenil A  
21-01-2012 - 15:50 Resultados

Rec. Nac. 25m Absoluto	1:45.69	Diogo Filipe Carvalho	CGA	S. António Cavaleiros	2009
Rec. Nac. 25m JUV A	1:51.06	Tiago Andre Venancio	CNS	Braga	2003
Rec. Torneio	1:56.12	Nathan Theodoris	LDC	Alcobaça	2011

Pontos: FINA 2011

Lugar		Ano		Tempo final	Pts
1. Goncalo Cardoso Carmo		96	Colégio Vasco da Gama	<b>1:58.13</b>	595
50m: 27.99 27.99	100m: 58.41	30.42	150m: 1:29.17 30.76	200m: 1:58.13	28.96
2. Filipe Miguel Felix		96	Algés	<b>2:06.50</b>	484
50m: 29.32 29.32	100m: 1:01.45	32.13	150m: 1:34.48 33.03	200m: 2:06.50	32.02
3. Leonardo Peralta Reis		96	Benedita	<b>2:07.46</b>	473
50m: 28.82 28.82	100m: 1:01.34	32.52	150m: 1:34.58 33.24	200m: 2:07.46	32.88
4. Bernardo Filipe Pereira		96	Pimpões/Cimai	<b>2:14.91</b>	399
50m: 30.69 30.69	100m: 1:04.41	33.72	150m: 1:40.03 35.62	200m: 2:14.91	34.88
5. Guilherme Antonio Reis		96	Torres Novas	<b>2:22.68</b>	337
50m: 34.19 34.19	100m: 1:10.71	36.52	150m: 1:48.54 37.83	200m: 2:22.68	34.14
DNS Maksym Baburko		96	Naval da Nazaré		

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

Prova 6, Masc., 200m Livres

Prova 6 Absolutos  
21-01-2012 - 15:50 Resultados

Rec. Nac. 25m Absoluto	1:45.69	Diogo Filipe Carvalho	CGA	S. António Cavaleiros	2009
Rec. Nac. 25m JUN	1:47.73	Tiago Andre Venancio	FPN	Viena (AUT)	2004
Rec. Nac. 25m SEN	1:45.69	Diogo Filipe Carvalho	CGA	S. António Cavaleiros	2009
Rec. Torneio	1:52.16	Diogo Carvalho	CGA	Alcobaça	2006

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Diogo Parrilha da Silva	93	<b>1:58.27</b>	593
50m: 27.82 27.82	100m: 58.97 31.15	150m: 1:29.11 30.14	200m: 1:58.27 29.16
2. Afonso Lopes dos Santos	95	<b>2:03.02</b>	527
50m: 28.80 28.80	100m: 1:00.50 31.70	150m: 1:31.81 31.31	200m: 2:03.02 31.21
3. Daniel Ribeiro Sousa	95	<b>2:06.99</b>	479
50m: 29.20 29.20	100m: 1:02.00 32.80	150m: 1:35.83 33.83	200m: 2:06.99 31.16
4. Tiago Miguel Alves	95	<b>2:07.48</b>	473
50m: 28.74 28.74	100m: 1:00.70 31.96	150m: 1:34.89 34.19	200m: 2:07.48 32.59
5. Henrique Jose Marques	93	<b>2:12.09</b>	425
50m: 31.31 31.31	100m: 1:05.83 34.52	150m: 1:39.94 34.11	200m: 2:12.09 32.15
6. Diogo Ferreira Neto	95	<b>2:12.27</b>	424
50m: 29.67 29.67	100m: 1:02.90 33.23	150m: 1:37.43 34.53	200m: 2:12.27 34.84
EXH Alexandre Miguel Laureano	97	<b>2:07.96</b>	468
50m: 29.12 29.12	100m: 1:01.64 32.52	150m: 1:34.91 33.27	200m: 2:07.96 33.05
EXH Miguel Angelo Silvestre	97	<b>2:11.02</b>	436
50m: 29.29 29.29	100m: 1:02.91 33.62	150m: 1:37.43 34.52	200m: 2:11.02 33.59
EXH Andre Manuel Bento	96	<b>2:19.14</b>	364
50m: 32.38 32.38	100m: 1:07.63 35.25	150m: 1:43.88 36.25	200m: 2:19.14 35.26
EXH Mauricio Santiago Martins	97	<b>2:19.71</b>	359
50m: 32.52 32.52	100m: 1:07.69 35.17	150m: 1:44.14 36.45	200m: 2:19.71 35.57
EXH Joao Mateus Ferreira	98	<b>2:31.43</b>	282
50m: 34.22 34.22	100m: 1:13.88 39.66	150m: 1:54.54 40.66	200m: 2:31.43 36.89

Prova 7 Infantil B  
21-01-2012 - 16:10 Resultados

Rec. Nac. 25m Absoluto	2:08.54	Sara Freitas Oliveira	FPN	Dubai (UAE)	2010
Rec. Nac. 25m INF B	2:31.64	tempo limite			
Rec. Torneio	2:41.33	Rita Gomes	CNAI	Alcobaça	2003

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Giovanna Vaz Vargas	00	<b>2:41.00</b>	422
<i>Recorde do Torneio</i>			
50m: 36.51 36.51	100m: 1:17.75 41.24	150m: 1:59.23 41.48	200m: 2:41.00 41.77
2. Ines Rocha Silva	00	<b>2:54.06</b>	334
50m: 37.08 37.08	100m: 1:20.08 43.00	150m: 2:06.47 46.39	200m: 2:54.06 47.59

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

Prova 7, Femin., 200m Mariposa

Prova 7 Femin., 200m Mariposa Infantil A  
21-01-2012 - 16:10 Resultados

Rec. Nac. 25m Absoluto	2:08.54	Sara Freitas Oliveira	FPN	Dubai (UAE)	2010
Rec. Nac. 25m INF A	2:25.40	tempo limite			
Rec. Torneio	2:28.72	Rita Gomes	CNAI	Alcobaça	2004

Pontos: FINA 2011

Lugar		Ano		Tempo final	Pts
1. Barbara Coimbra Teodosio		99	Desportivo Náutico da Marinha	<b>2:42.47</b>	410
50m: 37.46 37.46	100m: 1:19.89		42.43 150m: 2:01.67 41.78	200m: 2:42.47	40.80
2. Ana Vanessa Duarte		99	SCC/Oryzon Energias	<b>2:48.60</b>	367
50m: 37.40 37.40	100m: 1:20.19		42.79 150m: 2:04.39 44.20	200m: 2:48.60	44.21
3. Sara Mafra Rocha		99	Alcobaça	<b>2:51.23</b>	350
50m: 37.16 37.16	100m: 1:19.91		42.75 150m: 2:05.56 45.65	200m: 2:51.23	45.67
4. Sara Conceicao Peca		99	BA/Mr.Pizza	<b>2:52.89</b>	340
50m: 36.47 36.47	100m: 1:19.24		42.77 150m: 2:06.13 46.89	200m: 2:52.89	46.76
5. Maria Eduarda Veiga		99	Náutico Académico	<b>2:54.29</b>	332
50m: 38.26 38.26	100m: 1:23.27		45.01 150m: 2:09.14 45.87	200m: 2:54.29	45.15

Prova 7 Femin., 200m Mariposa Juvenil  
21-01-2012 - 16:10 Resultados

Rec. Nac. 25m Absoluto	2:08.54	Sara Freitas Oliveira	FPN	Dubai (UAE)	2010
Rec. Nac. 25m JUV	2:19.06	Susana Patricia Miguel	SFUAP	Penafiel	2004
Rec. Torneio	2:27.57	Ines Martins	SFUAP	Alcobaça	2009

Pontos: FINA 2011

Lugar		Ano		Tempo final	Pts
1. Mariana Cunha Guerra		98	SCC/Oryzon Energias	<b>2:24.70</b>	581
50m: 32.64 32.64	100m: 1:09.15		36.51 150m: 1:47.15 38.00	200m: 2:24.70	37.55
2. Ines Filipa Cruz		98	União Piedense	<b>2:49.31</b>	363
50m: 36.17 36.17	100m: 1:18.15		41.98 150m: 2:03.76 45.61	200m: 2:49.31	45.55
DNS Raquel Anastacio Cruz		98	Torres Novas		
DNS Marcia Jacinto Santos		98	Pimpões/Cimai		

Prova 7 Femin., 200m Mariposa Absoluto  
21-01-2012 - 16:10 Resultados

Rec. Nac. 25m Absoluto	2:08.54	Sara Freitas Oliveira	FPN	Dubai (UAE)	2010
Rec. Nac. 25m JUN	2:13.60	Ana Rita Francisco	FPN	Gelsenkirchen (GER)	1996
Rec. Nac. 25m SEN	2:08.54	Sara Freitas Oliveira	FPN	Dubai (UAE)	2010
Rec. Torneio	2:16.09	Raquel Felgueiras	SCB	Alcobaça	2001

Pontos: FINA 2011

Lugar		Ano		Tempo final	Pts
1. Ana Beatriz Pereira		91	Colégio Vasco da Gama	<b>2:23.49</b>	596
50m: 32.33 32.33	100m: 1:08.64		36.31 150m: 1:47.19 38.55	200m: 2:23.49	36.30
2. Ana Marta Miranda		96	União Piedense	<b>2:25.57</b>	571
50m: 32.95 32.95	100m: 1:10.03		37.08 150m: 1:47.97 37.94	200m: 2:25.57	37.60
3. Bruna Elisabete Paulino		97	Alcobaça	<b>2:25.88</b>	567
50m: 33.08 33.08	100m: 1:10.20		37.12 150m: 1:48.07 37.87	200m: 2:25.88	37.81
4. Florbela Cavaco Machado		96	SCC/Oryzon Energias	<b>2:30.44</b>	517
50m: 34.96 34.96	100m: 1:13.57		38.61 150m: 1:53.25 39.68	200m: 2:30.44	37.19
5. Beatriz Neves Craveiro		97	Náutico Académico	<b>2:31.85</b>	503
50m: 32.44 32.44	100m: 1:10.26		37.82 150m: 1:51.21 40.95	200m: 2:31.85	40.64
6. Carolina Francisco Gomes		95	Naval da Nazaré	<b>2:35.63</b>	467
50m: 34.99 34.99	100m: 1:14.75		39.76 150m: 1:54.75 40.00	200m: 2:35.63	40.88

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

Prova 7, Femin., 200m Mariposa, Absoluto

Lugar	Ano	Tempo final	Pts
7. Cristiana Andreia Lima	95 Núcleo de Pombal	<b>2:53.69</b>	336
50m: 35.39 35.39	100m: 1:16.35 40.96	150m: 2:02.84 46.49	200m: 2:53.69 50.85
8. Melissa Cardoso Relva	97 BA/Mr.Pizza	<b>2:59.71</b>	303
50m: 37.76 37.76	100m: 1:22.54 44.78	150m: 2:10.82 48.28	200m: 2:59.71 48.89
EXH Filipa Andreia Silva	00 Alcobaça	<b>3:15.01</b>	237
50m: 41.25 41.25	100m: 1:30.56 49.31	150m: 2:22.79 52.23	200m: 3:15.01 52.22

Prova 8

Masc., 200m Mariposa

Infantil B

21-01-2012 - 16:20

Resultados

Rec. Nac. 25m Absoluto	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)	2009
Rec. Nac. 25m INF B	2:21.67	Tomas Miguel Freitas	CDN	Funchal	2003
Rec. Torneio	2:32.60	Tomas Veloso	CNAc	Alcobaça	2009

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Andre Marques Antunes	99 Náutico Académico	<b>2:45.51</b>	286
50m: 35.79 35.79	100m: 1:18.54 42.75	150m: 2:03.59 45.05	200m: 2:45.51 41.92
2. Francisco Ribeiro Constantino	99 Naval da Nazaré	<b>2:47.40</b>	276
50m: 34.96 34.96	100m: 1:15.83 40.87	150m: 2:01.24 45.41	200m: 2:47.40 46.16
3. Henrique Lourenco Ferreira	99 Colégio Vasco da Gama	<b>2:58.37</b>	228
50m: 37.66 37.66	100m: 1:23.46 45.80	150m: 2:11.76 48.30	200m: 2:58.37 46.61

Prova 8

Masc., 200m Mariposa

Infantil A

21-01-2012 - 16:20

Resultados

Rec. Nac. 25m Absoluto	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)	2009
Rec. Nac. 25m INF A	2:12.42	Tomas Miguel Freitas	CDN	Funchal	2004
Rec. Torneio	2:16.17	Fábio Silva	CNAI	Alcobaça	2001

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Diogo Rodrigues Freitas	98 União Piedense	<b>2:27.79</b>	402
50m: 32.02 32.02	100m: 1:09.03 37.01	150m: 1:47.85 38.82	200m: 2:27.79 39.94
2. Diogo Alexandre Vicente	98 Alcobaça	<b>2:35.78</b>	343
50m: 33.67 33.67	100m: 1:11.54 37.87	150m: 1:51.98 40.44	200m: 2:35.78 43.80
3. Goncalo Manuel Repolho	98 BA/Mr.Pizza	<b>2:56.10</b>	237
50m: 37.08 37.08	100m: 1:20.85 43.77	150m: 2:09.84 48.99	200m: 2:56.10 46.26
4. Dario Fausto Matias	98 Torres Novas	<b>2:56.81</b>	235
50m: 39.68 39.68	100m: 1:23.94 44.26	150m: 2:10.37 46.43	200m: 2:56.81 46.44

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

Prova 8, Masc., 200m Mariposa

Prova 8 Masc., 200m Mariposa  
21-01-2012 - 16:20 Juvenil B Resultados

Rec. Nac. 25m Absoluto	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)	2009
Rec. Nac. 25m JUV B	2:07.06	Pedro Diogo Oliveira	CNRM	Entroncamento	2003
Rec. Torneio	2:10.23	Fábio Silva	CNAL	Alcobaça	2002

Pontos: FINA 2011

Lugar	Ano		Tempo final				Pts
1. Eduardo Filipe Carvalheiro	97	SCC/Oryzon Energias	<b>2:20.06</b>				472
50m: 31.29 31.29	100m: 1:06.19	34.90	150m: 1:43.07	36.88	200m: 2:20.06	36.99	
2. Pedro Miguel Rodrigues	97	Alcobaça	<b>2:20.73</b>				466
50m: 31.57 31.57	100m: 1:06.59	35.02	150m: 1:43.42	36.83	200m: 2:20.73	37.31	
3. Ricardo Contreiras Jeronimo	97	Núcleo de Pombal	<b>2:39.96</b>				317
50m: 35.87 35.87	100m: 1:15.23	39.36	150m: 1:57.75	42.52	200m: 2:39.96	42.21	

Prova 8 Masc., 200m Mariposa  
21-01-2012 - 16:20 Juvenil A Resultados

Rec. Nac. 25m Absoluto	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)	2009
Rec. Nac. 25m JUV A	2:03.38	Diogo Parrilha da Silva	CNAL	Alcobaça	2009
Rec. Torneio	2:05.05	Diogo Silva	CNAI	Alcobaça	2009

Pontos: FINA 2011

Lugar	Ano		Tempo final				Pts
1. Tomas Miguel Veloso	96	Náutico Académico	<b>2:14.30</b>				536
50m: 30.21 30.21	100m: 1:04.65	34.44	150m: 1:39.20	34.55	200m: 2:14.30	35.10	
2. Jose Pedro Bugalho	96	Alcobaça	<b>2:17.46</b>				500
50m: 30.70 30.70	100m: 1:05.47	34.77	150m: 1:41.30	35.83	200m: 2:17.46	36.16	
3. Nuno Goncalo Santos	96	Desportivo Náutico da Marinha	<b>2:23.85</b>				436
50m: 31.92 31.92	100m: 1:08.15	36.23	150m: 1:47.36	39.21	200m: 2:23.85	36.49	
4. Pedro Rafael Cintrao	96	Núcleo de Pombal	<b>2:25.36</b>				422
50m: 32.12 32.12	100m: 1:09.23	37.11	150m: 1:47.21	37.98	200m: 2:25.36	38.15	
5. Diogo Humberto Xavier	96	União Piedense	<b>2:32.84</b>				363
50m: 32.91 32.91	100m: 1:10.47	37.56	150m: 1:50.52	40.05	200m: 2:32.84	42.32	
6. Theo Jesus Ferreira	96	Naval da Nazaré	<b>2:35.76</b>				343
50m: 33.83 33.83	100m: 1:11.99	38.16	150m: 1:55.12	43.13	200m: 2:35.76	40.64	
7. Bernardo Filipe Pereira	96	Pimpões/Cimai	<b>2:42.57</b>				302
50m: 36.21 36.21	100m: 1:17.21	41.00	150m: 2:00.15	42.94	200m: 2:42.57	42.42	

Prova 8 Masc., 200m Mariposa  
21-01-2012 - 16:20 Absolutos Resultados

Rec. Nac. 25m Absoluto	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)	2009
Rec. Nac. 25m JUN	1:58.64	Diogo Filipe Carvalho	CGA	Tomar	2005
Rec. Nac. 25m SEN	1:53.39	Diogo Filipe Carvalho	FPN	Istambul (TUR)	2009
Rec. Torneio	2:00.24	Nuno Quintanilha	CNCVG	Alcobaça	2008

Pontos: FINA 2011

Lugar	Ano		Tempo final				Pts
1. Nuno Goncalo Quintanilha	87	Colégio Vasco da Gama	<b>2:04.19</b>				678
50m: 27.93 27.93	100m: 1:00.40	32.47	150m: 1:32.34	31.94	200m: 2:04.19	31.85	
2. Miguel Monteiro Diogo	93	Náutico Académico	<b>2:05.81</b>				652
50m: 28.18 28.18	100m: 1:00.55	32.37	150m: 1:33.00	32.45	200m: 2:05.81	32.81	
3. Francisco Maldonado Freitas	91	Pimpões/Cimai	<b>2:17.30</b>				501
50m: 30.15 30.15	100m: 1:04.69	34.54	150m: 1:40.48	35.79	200m: 2:17.30	36.82	
4. Antero Simao Martins	94	Desportivo Náutico da Marinha	<b>2:19.76</b>				475
50m: 31.10 31.10	100m: 1:06.13	35.03	150m: 1:42.12	35.99	200m: 2:19.76	37.64	

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

Prova 8, Masc., 200m Mariposa, Absolutos

Lugar	Ano	Tempo final	Pts
5. Diogo Antonio Lopes 50m: 31.75 31.75 100m: 1:09.70 37.95 150m: 1:50.12 40.42 200m: 2:28.74	95 Torres Novas	<b>2:28.74</b>	394 38.62
EXH Joao Andre Gomes 50m: 32.13 32.13 100m: 1:08.14 36.01 150m: 1:46.05 37.91 200m: 2:23.60	97 Alcobaça	<b>2:23.60</b>	438 37.55
EXH Joao Bernardo Jorge 50m: 32.11 32.11 100m: 1:09.09 36.98 150m: 1:47.73 38.64 200m: 2:25.15	97 Alcobaça	<b>2:25.15</b>	424 37.42

Prova 9

Femin., 200m Costas

Infantil B

21-01-2012 - 16:35

Resultados

Rec. Nac. 25m Absoluto	2:12.00	Ana Antas Barros	SAD	Algés	1993
Rec. Nac. 25m INF B	2:27.92	Keissy Joselin Sousa	FCP	Alcobaça	1997
Rec. Torneio	2:38.52	Tania Henriques	SFUAP	Alcobaça	2005

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Matilde Correia Vieira <i>Recorde do Torneio</i> 50m: 37.25 37.25 100m: 1:17.25 40.00 150m: 1:57.60 40.35 200m: 2:36.34	00 Alcobaça	<b>2:36.34</b>	454 38.74
2. Ana Miguel Reis 50m: 37.81 37.81 100m: 1:18.20 40.39 150m: 1:58.83 40.63 200m: 2:38.06	00 SCC/Oryzon Energias	<b>2:38.06</b>	439 39.23
3. Teresa Miguel Veloso 50m: 38.94 38.94 100m: 1:20.88 41.94 150m: 2:02.71 41.83 200m: 2:43.68	00 Náutico Académico	<b>2:43.68</b>	395 40.97
4. Joana Mota Correia 50m: 42.23 42.23 100m: 1:26.74 44.51 150m: 2:12.68 45.94 200m: 2:56.84	00 Pimpões/Cimai	<b>2:56.84</b>	313 44.16
5. Margarida Valente Orrico 50m: 42.02 42.02 100m: 1:26.80 44.78 150m: 2:13.36 46.56 200m: 2:58.56	00 União Piedense	<b>2:58.56</b>	304 45.20
6. Rita Filipa Paulino 50m: 43.99 43.99 100m: 1:30.19 46.20 150m: 2:16.41 46.22 200m: 3:01.47	00 Naval Setubalense	<b>3:01.47</b>	290 45.06
7. Diana Sofia Mirra 50m: 41.56 41.56 100m: 1:27.99 46.43 150m: 2:16.67 48.68 200m: 3:01.87	00 BA/Mr.Pizza	<b>3:01.87</b>	288 45.20
8. Lara Alexandra Delgado 50m: 43.46 43.46 100m: 1:31.42 47.96 150m: 2:21.05 49.63 200m: 3:09.75	00 Torres Novas	<b>3:09.75</b>	254 48.70
9. Ana Sofia Rebelo 50m: 49.19 49.19 100m: 1:43.65 54.46 150m: 2:37.67 54.02 200m: 3:30.34	00 Benedita	<b>3:30.34</b>	186 52.67

Prova 9

Femin., 200m Costas

Infantil A

21-01-2012 - 16:35

Resultados

Rec. Nac. 25m Absoluto	2:12.00	Ana Antas Barros	SAD	Algés	1993
Rec. Nac. 25m INF A	2:22.25	Keissy Joselin Sousa	FCP	Algés	1998
Rec. Torneio	2:24.28	Catia Martinheira	LDC	Alcobaça	2008

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Ana Sofia Ferreira 50m: 38.76 38.76 100m: 1:20.10 41.34 150m: 2:02.19 42.09 200m: 2:44.10	99 Pimpões/Cimai	<b>2:44.10</b>	392 41.91
2. Beatriz Barros Carmo 50m: 37.92 37.92 100m: 1:19.43 41.51 150m: 2:01.92 42.49 200m: 2:44.17	99 Colégio Vasco da Gama	<b>2:44.17</b>	392 42.25
3. Carolina Leal Serra 50m: 39.67 39.67 100m: 1:22.18 42.51 150m: 2:06.63 44.45 200m: 2:48.96	99 Torres Novas	<b>2:48.96</b>	359 42.33
4. Filipa Carreira Alves 50m: 40.21 40.21 100m: 1:23.93 43.72 150m: 2:07.68 43.75 200m: 2:49.59	99 União Piedense	<b>2:49.59</b>	355 41.91

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

Prova 9, Femin., 200m Costas, Infantil A

Lugar	Ano	Tempo final	Pts
5. Teresa Margarida Cunha 50m: 43.29 43.29 100m: 1:29.22 45.93 150m: 2:16.80 47.58 200m: 3:01.56 44.76	99 Naval Setubalense	<b>3:01.56</b>	290
6. Carolina Correia Marques 50m: 46.93 46.93 100m: 1:36.73 49.80 150m: 2:26.89 50.16 200m: 3:15.60 48.71	99 Benedita	<b>3:15.60</b>	231

Prova 9 Femin., 200m Costas Juvenil  
21-01-2012 - 16:35 Resultados

Rec. Nac. 25m Absoluto	2:12.00	Ana Antas Barros	SAD	Algés	1993
Rec. Nac. 25m JUV	2:17.86	Catia Raquel Martinheira	LDC	Sines	2008
Rec. Torneio	2:21.05	Susana Miguel	SFUAP	Alcobaça	2004

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Maria Malaguerra Costa 50m: 33.46 33.46 100m: 1:09.69 36.23 150m: 1:46.92 37.23 200m: 2:23.26 36.34	98 SCC/Oryzon Energias	<b>2:23.26</b>	590
2. Rita Barros Frischknecht 50m: 34.72 34.72 100m: 1:12.40 37.68 150m: 1:51.12 38.72 200m: 2:29.42 38.30	98 Algés	<b>2:29.42</b>	520
3. Catarina Goncalves Leal 50m: 38.83 38.83 100m: 1:19.55 40.72 150m: 2:00.13 40.58 200m: 2:39.02 38.89	98 BA/Mr.Pizza	<b>2:39.02</b>	431
4. Cristiana Vanessa Malho 50m: 38.25 38.25 100m: 1:18.53 40.28 150m: 1:59.51 40.98 200m: 2:39.12 39.61	98 Alcobaça	<b>2:39.12</b>	430
5. Catarina Martins Ribeiro 50m: 38.24 38.24 100m: 1:19.07 40.83 150m: 2:00.24 41.17 200m: 2:39.93 39.69	98 Desportivo Náutico da Marinha	<b>2:39.93</b>	424
6. Carolina Matias Ribeiro 50m: 38.87 38.87 100m: 1:19.92 41.05 150m: 2:01.97 42.05 200m: 2:44.22 42.25	98 Naval Setubalense	<b>2:44.22</b>	391
7. Ines Serra Duarte 50m: 39.39 39.39 100m: 1:22.17 42.78 150m: 2:05.31 43.14 200m: 2:47.00 41.69	98 Naval da Nazaré	<b>2:47.00</b>	372
8. Mariana Nogueira Machado 50m: 40.77 40.77 100m: 1:24.26 43.49 150m: 2:08.15 43.89 200m: 2:48.76 40.61	98 Colégio Vasco da Gama	<b>2:48.76</b>	361
9. Leonor Carlota Rodrigues 50m: 42.41 42.41 100m: 1:26.73 44.32 150m: 2:11.69 44.96 200m: 2:54.81 43.12	98 Benedita	<b>2:54.81</b>	324

Prova 9 Femin., 200m Costas Absoluto  
21-01-2012 - 16:35 Resultados

Rec. Nac. 25m Absoluto	2:12.00	Ana Antas Barros	SAD	Algés	1993
Rec. Nac. 25m JUN	2:12.80	Petra Quintela Chaves	SAD	Algés	1994
Rec. Nac. 25m SEN	2:12.00	Ana Antas Barros	SAD	Algés	1993
Rec. Torneio	2:20.50	Susana Miguel	SFUAP	Alcobaça	2005

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Francisca Gomes Azevedo 50m: 32.49 32.49 100m: 1:07.92 35.43 150m: 1:44.05 36.13 200m: 2:19.92 35.87	97 Algés	<b>2:19.92</b>	633
2. Adriana Correia Lopes 50m: 33.27 33.27 100m: 1:09.43 36.16 150m: 1:46.81 37.38 200m: 2:23.36 36.55	95 Náutico Académico	<b>2:23.36</b>	589
3. Ana Monica Eloi 50m: 34.97 34.97 100m: 1:12.34 37.37 150m: 1:50.60 38.26 200m: 2:28.33 37.73	96 Desportivo Náutico da Marinha	<b>2:28.33</b>	531
4. Ines Filipa Borges 50m: 34.70 34.70 100m: 1:12.32 37.62 150m: 1:51.37 39.05 200m: 2:29.55 38.18	95 Alcobaça	<b>2:29.55</b>	518
5. Catarina Brito Ferreira 50m: 34.14 34.14 100m: 1:11.52 37.38 150m: 1:51.11 39.59 200m: 2:29.75 38.64	97 Naval Setubalense	<b>2:29.75</b>	516
6. Beatriz Oliveira Luis 50m: 35.93 35.93 100m: 1:14.27 38.34 150m: 1:54.59 40.32 200m: 2:34.19 39.60	97 Pimpões/Cimai	<b>2:34.19</b>	473

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

Prova 9, Femin., 200m Costas, Absoluto

Lugar	Ano	Tempo final	Pts
7. Barbara Amaro Cerejo 50m: 38.50 38.50 100m: 1:20.11	97 Naval da Nazaré	<b>2:46.93</b>	373
8. Patricia Sousa Paulo 50m: 40.84 40.84 100m: 1:23.89	96 Benedita	<b>2:48.55</b>	362
9. Carolina Santana Goncalves 50m: 38.77 38.77 100m: 1:21.94	95 Núcleo de Pombal	<b>2:50.40</b>	350
EXH Filipa Andreia Silva 50m: 40.79 40.79 100m: 1:26.33	00 Alcobaça	<b>2:55.72</b>	319

Prova 10

Masc., 200m Costas

Infantil B

21-01-2012 - 16:55

Resultados

Rec. Nac. 25m Absoluto	1:55.92	Adriano Miguel Niz	FPN	Istambul (TUR)	2009
Rec. Nac. 25m INF B	2:18.15	Alexandre Lages Ribas	EDV	Ponte da Barca	2010
Rec. Torneio	2:20.29	Nathan Theodoris	LDC	Alcobaça	2008

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Tomas Gomes Oliveira 50m: 36.85 36.85 100m: 1:15.21	99 Desportivo Náutico da Marinha	<b>2:32.19</b>	338
2. Gabriel Levi Gomes 50m: 36.40 36.40 100m: 1:16.05	99 SCC/Oryzon Energias	<b>2:37.12</b>	308
3. Joao Daniel Machado 50m: 37.07 37.07 100m: 1:17.24	99 União Piedense	<b>2:37.79</b>	304
4. Marco Andre Miguel 50m: 40.50 40.50 100m: 1:24.38	99 Torres Novas	<b>2:49.95</b>	243
5. Diogo Tiago Mateus 50m: 41.94 41.94 100m: 1:25.62	99 Pimpões/Cimai	<b>2:54.93</b>	223
6. João Filipe Marques 50m: 44.86 44.86 100m: 1:32.78	99 Naval Setubalense	<b>3:07.44</b>	181
DNS Pavlo Vodyanyy	99 BA/Mr.Pizza		

Prova 10

Masc., 200m Costas

Infantil A

21-01-2012 - 16:55

Resultados

Rec. Nac. 25m Absoluto	1:55.92	Adriano Miguel Niz	FPN	Istambul (TUR)	2009
Rec. Nac. 25m INF A	2:12.39	Rodrigo Silverio Carmo	CNCVG	Algés	2010
Rec. Torneio	2:14.80	Nathan Theodoris	LDC	Alcobaça	2009

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. Joao Manuel Pires 50m: 33.54 33.54 100m: 1:09.04	98 Náutico Académico	<b>2:18.69</b>	447
2. Carlos Afonso Almeida 50m: 35.37 35.37 100m: 1:13.84	98 Colégio Vasco da Gama	<b>2:27.77</b>	370
3. Leandro Fernandes Mota 50m: 35.14 35.14 100m: 1:13.10	98 SCC/Oryzon Energias	<b>2:30.11</b>	353
4. Francisco Rogerio Santos 50m: 36.60 36.60 100m: 1:15.44	98 Benedita	<b>2:31.92</b>	340
5. Diogo Alexandre Vicente 50m: 36.36 36.36 100m: 1:15.64	98 Alcobaça	<b>2:35.33</b>	318
6. Jose Diogo Fonseca 50m: 37.54 37.54 100m: 1:17.37	98 Desportivo Náutico da Marinha	<b>2:35.95</b>	315

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

Prova 10, Masc., 200m Costas, Infantil A

Lugar	Ano	Tempo final	Pts
7. <b>Guilherme Miguel Luis</b> 50m: 39.65 39.65 100m: 1:22.87 43.22 150m: 2:06.21 43.34 200m: 2:47.82 41.61	98 Naval Setubalense	<b>2:47.82</b>	252
DNS <b>Diogo Pereira Coelho</b>	98 Alcobaça		

Prova 10 Masc., 200m Costas Juvenil B  
21-01-2012 - 16:55 Resultados

Rec. Nac. 25m Absoluto	1:55.92	Adriano Miguel Niz	FPN	Istambul (TUR)	2009
Rec. Nac. 25m JUV B	2:07.15	Pedro Diogo Oliveira	CNRM	Tomar	2003
Rec. Torneio	2:07.52	Pedro Oliveira	CNRM	Alcobaça	2003

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. <b>Joao Mota Correia</b> 50m: 32.26 32.26 100m: 1:07.35 35.09 150m: 1:42.16 34.81 200m: 2:16.92 34.76	97 Pimpões/Cimai	<b>2:16.92</b>	465
2. <b>Francisco Xavier Goncalves</b> 50m: 33.14 33.14 100m: 1:08.51 35.37 150m: 1:44.46 35.95 200m: 2:19.51 35.05	97 Náutico Académico	<b>2:19.51</b>	440
3. <b>Tiago Bernardo Marques</b> 50m: 34.14 34.14 100m: 1:11.31 37.17 150m: 1:48.52 37.21 200m: 2:24.12 35.60	97 União Piedense	<b>2:24.12</b>	399
4. <b>João Pedro Tarquinio</b> 50m: 35.80 35.80 100m: 1:13.28 37.48 150m: 1:51.35 38.07 200m: 2:28.26 36.91	97 Benedita	<b>2:28.26</b>	366
5. <b>Nuno Valerio Silva</b> 50m: 35.76 35.76 100m: 1:13.97 38.21 150m: 1:51.99 38.02 200m: 2:28.52 36.53	97 Desportivo Náutico da Marinha	<b>2:28.52</b>	364
6. <b>Manuel Maria Cunha</b> 50m: 39.76 39.76 100m: 1:21.37 41.61 150m: 2:03.41 42.04 200m: 2:44.83 41.42	97 Naval Setubalense	<b>2:44.83</b>	266

Prova 10 Masc., 200m Costas Juvenil A  
21-01-2012 - 16:55 Resultados

Rec. Nac. 25m Absoluto	1:55.92	Adriano Miguel Niz	FPN	Istambul (TUR)	2009
Rec. Nac. 25m JUV A	2:01.43	Diogo Gomes Sousa	CNCVG	Algés	2011
Rec. Torneio	2:05.54	Pedro Oliveira	CNRM	Alcobaça	2004

Pontos: FINA 2011

Lugar	Ano	Tempo final	Pts
1. <b>Rodrigo Silverio Carmo</b> 50m: 31.75 31.75 100m: 1:06.21 34.46 150m: 1:40.94 34.73 200m: 2:14.50 33.56	96 Colégio Vasco da Gama	<b>2:14.50</b>	491
2. <b>Filipe Miguel Felix</b> 50m: 31.85 31.85 100m: 1:05.43 33.58 150m: 1:39.63 34.20 200m: 2:14.75 35.12	96 Algés	<b>2:14.75</b>	488
3. <b>Pedro Alexandre Oliveira</b> 50m: 32.97 32.97 100m: 1:07.99 35.02 150m: 1:44.17 36.18 200m: 2:19.93 35.76	96 Desportivo Náutico da Marinha	<b>2:19.93</b>	436
4. <b>Diogo Humberto Xavier</b> 50m: 33.86 33.86 100m: 1:09.45 35.59 150m: 1:46.00 36.55 200m: 2:22.65 36.65	96 União Piedense	<b>2:22.65</b>	411
5. <b>Leonardo Peralta Reis</b> 50m: 33.35 33.35 100m: 1:09.17 35.82 150m: 1:46.45 37.28 200m: 2:22.79 36.34	96 Benedita	<b>2:22.79</b>	410
6. <b>Andre Duarte Luis</b> 50m: 35.75 35.75 100m: 1:14.70 38.95 150m: 1:55.09 40.39 200m: 2:35.90 40.81	96 Naval Setubalense	<b>2:35.90</b>	315
7. <b>Guilherme Domingues Ferreira</b> 50m: 38.73 38.73 100m: 1:19.59 40.86 150m: 2:01.50 41.91 200m: 2:41.96 40.46	96 Núcleo de Pombal	<b>2:41.96</b>	281

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

Prova 10, Masc., 200m Costas

Prova 10  
21-01-2012 - 16:55

Masc., 200m Costas

Absolutos  
Resultados

Rec. Nac. 25m Absoluto	1:55.92	Adriano Miguel Niz	FPN	Istambul (TUR)	2009
Rec. Nac. 25m JUN	1:58.37	Adriano Miguel Niz	CFV	Figueira da Foz	2004
Rec. Nac. 25m SEN	1:55.92	Adriano Miguel Niz	FPN	Istambul (TUR)	2009
Rec. Torneio	2:01.97	Pedro Oliveira	CNRM	Alcobaça	2008

Pontos: FINA 2011

Lugar	Ano		Tempo final						Pts
1. Pedro Andre Santos	94	Algés	<b>2:11.85</b>						521
50m: 31.32 31.32	100m: 1:04.83	33.51	150m: 1:38.27	33.44	200m: 2:11.85	33.58			
2. Fabio Alexandre Freitas	94	União Piedense	<b>2:12.12</b>						518
50m: 31.43 31.43	100m: 1:04.74	33.31	150m: 1:39.02	34.28	200m: 2:12.12	33.10			
3. Diogo Miguel Paulino	90	Alcobaça	<b>2:15.82</b>						476
50m: 31.99 31.99	100m: 1:06.31	34.32	150m: 1:41.24	34.93	200m: 2:15.82	34.58			
4. Miguel Gomes Pereira	95	Naval Setubalense	<b>2:19.82</b>						437
50m: 32.99 32.99	100m: 1:08.33	35.34	150m: 1:44.51	36.18	200m: 2:19.82	35.31			
5. Henrique Jose Marques	93	Benedita	<b>2:24.78</b>						393
50m: 34.58 34.58	100m: 1:11.27	36.69	150m: 1:47.96	36.69	200m: 2:24.78	36.82			
EXH Nuno Miguel Feliciano	95	Alcobaça	<b>2:21.15</b>						424
50m: 33.91 33.91	100m: 1:10.26	36.35	150m: 1:46.56	36.30	200m: 2:21.15	34.59			
EXH Pedro Miguel Rodrigues	97	Alcobaça	<b>2:29.48</b>						357
50m: 36.77 36.77	100m: 1:14.64	37.87	150m: 1:53.15	38.51	200m: 2:29.48	36.33			
EXH Joao Andre Gomes	97	Alcobaça	<b>2:29.66</b>						356
50m: 35.71 35.71	100m: 1:13.96	38.25	150m: 1:52.22	38.26	200m: 2:29.66	37.44			
EXH Mauricio Santiago Martins	97	Alcobaça	<b>2:30.82</b>						348
50m: 35.50 35.50	100m: 1:13.70	38.20	150m: 1:52.65	38.95	200m: 2:30.82	38.17			
EXH Joao Mateus Ferreira	98	Alcobaça	<b>2:59.74</b>						205
50m: 43.88 43.88	100m: 1:30.94	47.06	150m: 2:16.75	45.81	200m: 2:59.74	42.99			
EXH Pedro Alves Almeida	99	Alcobaça	<b>3:01.79</b>						198
50m: 42.95 42.95	100m: 1:29.47	46.52	150m: 2:16.56	47.09	200m: 3:01.79	45.23			
EXH Maksym Myron	99	Alcobaça	<b>3:30.10</b>						128
50m: 46.76 46.76	100m: 1:42.74	55.98	150m: 2:37.90	55.16	200m: 3:30.10	52.20			

Prova 11  
21-01-2012 - 17:15

Femin., 400m Livres

12 anos e mais velhos  
Resultados

Rec. Nac. 25m Absoluto	4:13.97	Sara Beatriz Loureiro	FCP	Leiria	2009
Rec. Nac. 25m INF B	4:38.40	Filipa Vilas Ruivo	DNMG	Alcobaça	2009
Rec. Nac. 25m INF A	4:25.30	tempo limite			
Rec. Nac. 25m JUV	4:23.08	Susana Patricia Miguel	SFUAP	Alhandra	2004
Rec. Nac. 25m JUN	4:18.39	Ana Claudia Santos	SFUAP	Cantanhede	2004
Rec. Nac. 25m SEN	4:13.97	Sara Beatriz Loureiro	FCP	Leiria	2009
Rec. Torneio	4:22.59	Ana Santos	SFUAP	Alcobaça	2006

Pontos: FINA 2011

Lugar	Ano		Tempo final						Pts
1. Filipa Vilas Ruivo	97	Desportivo Náutico da Marinha	<b>4:21.75</b>						722
<i>Recorde do Torneio</i>									
50m: 30.60 30.60	150m: 1:37.18	33.49	250m: 2:43.83	33.21	350m: 3:49.86	33.01			
100m: 1:03.69 33.09	200m: 2:10.62	33.44	300m: 3:16.85	33.02	400m: 4:21.75	31.89			
2. Victoria Kaminskaya	95	Pimpões/Cimai	<b>4:28.91</b>						666
50m: 31.36 31.36	150m: 1:37.90	33.75	250m: 2:45.91	34.01	350m: 3:54.77	34.52			
100m: 1:04.15 32.79	200m: 2:11.90	34.00	300m: 3:20.25	34.34	400m: 4:28.91	34.14			

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

Prova 11, Femin., 400m Livres, 12 anos e mais velhos

Lugar			Ano					Tempo final	Pts		
3.	Gabriela Oliveira Andrade		94	Náutico Académico				<b>4:30.20</b>	657		
	50m:	30.77 30.77	150m:	1:37.78	33.88	250m:	2:47.30	34.87	350m:	3:56.99	34.76
	100m:	1:03.90 33.13	200m:	2:12.43	34.65	300m:	3:22.23	34.93	400m:	4:30.20	33.21
4.	Mariana Cunha Guerra		98	SCC/Oryzon Energias				<b>4:30.92</b>	651		
	50m:	31.01 31.01	150m:	1:38.51	33.98	250m:	2:47.78	34.72	350m:	3:57.24	34.55
	100m:	1:04.53 33.52	200m:	2:13.06	34.55	300m:	3:22.69	34.91	400m:	4:30.92	33.68
5.	Helena Paula Carvalho		95	União Piedense				<b>4:32.45</b>	641		
	50m:	31.65 31.65	150m:	1:40.24	34.55	250m:	2:49.06	34.55	350m:	3:58.98	34.92
	100m:	1:05.69 34.04	200m:	2:14.51	34.27	300m:	3:24.06	35.00	400m:	4:32.45	33.47
6.	Barbara Marques Rodrigues		97	Algés				<b>4:39.02</b>	596		
	50m:	31.81 31.81	150m:	1:40.79	34.64	250m:	2:51.86	35.79	350m:	4:03.66	35.82
	100m:	1:06.15 34.34	200m:	2:16.07	35.28	300m:	3:27.84	35.98	400m:	4:39.02	35.36
7.	Mariana Ramalinho Mascarenhas		97	Naval Setubalense				<b>4:48.45</b>	540		
	50m:	32.86 32.86	150m:	1:44.13	36.16	250m:	2:57.87	37.02	350m:	4:11.91	36.83
	100m:	1:07.97 35.11	200m:	2:20.85	36.72	300m:	3:35.08	37.21	400m:	4:48.45	36.54
8.	Marcia Filipa Carvalho		96	Torres Novas				<b>4:49.64</b>	533		
	50m:	32.65 32.65	150m:	1:44.02	36.28	250m:	2:58.33	37.43	350m:	4:13.07	37.19
	100m:	1:07.74 35.09	200m:	2:20.90	36.88	300m:	3:35.88	37.55	400m:	4:49.64	36.57
9.	Carolina Francisco Gomes		95	Naval da Nazaré				<b>4:51.36</b>	524		
	50m:	33.75 33.75	150m:	1:47.23	36.99	250m:	3:00.83	36.66	350m:	4:15.22	37.24
	100m:	1:10.24 36.49	200m:	2:24.17	36.94	300m:	3:37.98	37.15	400m:	4:51.36	36.14
10.	Bruna Elisabete Paulino		97	Alcobaça				<b>4:52.28</b>	519		
	50m:	33.25 33.25	150m:	1:46.97	37.14	250m:	3:01.34	37.26	350m:	4:16.53	37.78
	100m:	1:09.83 36.58	200m:	2:24.08	37.11	300m:	3:38.75	37.41	400m:	4:52.28	35.75
11.	Julia Rodrigues Mallen		96	Colégio Vasco da Gama				<b>4:53.76</b>	511		
	50m:	33.10 33.10	150m:	1:46.63	37.32	250m:	3:02.02	37.67	350m:	4:17.51	37.58
	100m:	1:09.31 36.21	200m:	2:24.35	37.72	300m:	3:39.93	37.91	400m:	4:53.76	36.25
12.	Joana Sousa Pereira		99	BA/Mr.Pizza				<b>5:01.18</b>	474		
	50m:	33.31 33.31	150m:	1:48.30	38.05	250m:	3:05.31	38.59	350m:	4:23.59	39.03
	100m:	1:10.25 36.94	200m:	2:26.72	38.42	300m:	3:44.56	39.25	400m:	5:01.18	37.59
13.	Soraia Alexandra Marques		94	Benedita				<b>5:14.23</b>	417		
	50m:	34.92 34.92	150m:	1:53.88	40.28	250m:	3:14.91	40.54	350m:	4:35.12	39.86
	100m:	1:13.60 38.68	200m:	2:34.37	40.49	300m:	3:55.26	40.35	400m:	5:14.23	39.11
14.	Mariana Jorge Duarte		97	Núcleo de Pombal				<b>5:18.20</b>	402		
	50m:	34.67 34.67	150m:	1:53.03	39.97	250m:	3:13.60	40.35	350m:	4:37.22	41.80
	100m:	1:13.06 38.39	200m:	2:33.25	40.22	300m:	3:55.42	41.82	400m:	5:18.20	40.98
EXH	Ines Rocha Silva		00	Alcobaça				<b>5:14.51</b>	416		
	50m:	36.30 36.30	150m:	1:55.34	40.12	250m:	3:15.22	39.59	350m:	4:35.02	39.53
	100m:	1:15.22 38.92	200m:	2:35.63	40.29	300m:	3:55.49	40.27	400m:	5:14.51	39.49

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

Prova 12	Masc., 400m Livres				13 anos e mais velhos
21-01-2012 - 17:30					Resultados
Rec. Nac. 25m Absoluto	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	2009
Rec. Nac. 25m INF B	4:21.95	Pedro Fontoura Oliveira	CFB	Santarém	2003
Rec. Nac. 25m INF A	4:13.24	Pedro Fontoura Oliveira	CFB	Reboleira	2004
Rec. Nac. 25m JUV B	4:05.91	Diogo Filipe Carvalho	CGA	Braga	2002
Rec. Nac. 25m JUV A	3:59.33	Gustavo Manuel Santa	CNLA	Entroncamento	2009
Rec. Nac. 25m JUN	3:50.52	Adriano Miguel Niz	CFV	Fafe	2004
Rec. Nac. 25m SEN	3:45.58	Fabio Manuel Pereira	FPN	Istambul (TUR)	2009
Rec. Torneio	3:57.92	Miguel Monteiro Diogo	CNAL	Alcobaça	2011

Pontos: FINA 2011

Lugar	Ano		Tempo final				Pts
1. Miguel Monteiro Diogo	93	Náutico Académico	<b>3:59.07</b>				704
50m: 27.83 27.83	150m: 1:28.91	30.66	250m: 2:30.00	30.32	350m: 3:29.61	29.49	
100m: 58.25 30.42	200m: 1:59.68	30.77	300m: 3:00.12	30.12	400m: 3:59.07	29.46	
2. Vasco Miguel Gaspar	90	União Piedense	<b>4:00.78</b>				690
50m: 27.84 27.84	150m: 1:28.73	30.44	250m: 2:29.61	30.15	350m: 3:30.72	30.30	
100m: 58.29 30.45	200m: 1:59.46	30.73	300m: 3:00.42	30.81	400m: 4:00.78	30.06	
3. Diogo Gomes Sousa	95	Colégio Vasco da Gama	<b>4:05.07</b>				654
50m: 28.48 28.48	150m: 1:30.37	31.17	250m: 2:32.55	31.22	350m: 3:34.95	31.10	
100m: 59.20 30.72	200m: 2:01.33	30.96	300m: 3:03.85	31.30	400m: 4:05.07	30.12	
4. Andre Filipe Teodoro	95	Naval Setubalense	<b>4:13.46</b>				591
50m: 28.22 28.22	150m: 1:31.47	32.06	250m: 2:36.14	32.14	350m: 3:41.77	32.97	
100m: 59.41 31.19	200m: 2:04.00	32.53	300m: 3:08.80	32.66	400m: 4:13.46	31.69	
5. Lucas Monteiro Silva	94	Algés	<b>4:21.01</b>				541
50m: 30.41 30.41	150m: 1:36.21	32.94	250m: 2:42.97	33.22	350m: 3:48.94	33.24	
100m: 1:03.27 32.86	200m: 2:09.75	33.54	300m: 3:15.70	32.73	400m: 4:21.01	32.07	
6. Andre Alexandre Vicente	94	Alcobaça	<b>4:22.10</b>				534
50m: 29.60 29.60	150m: 1:36.13	33.65	250m: 2:43.65	33.66	350m: 3:49.96	32.66	
100m: 1:02.48 32.88	200m: 2:09.99	33.86	300m: 3:17.30	33.65	400m: 4:22.10	32.14	
7. Francisco Maldonado Freitas	91	Pimpões/Cimai	<b>4:22.59</b>				531
50m: 30.26 30.26	150m: 1:35.44	33.01	250m: 2:43.59	33.67	350m: 3:50.70	32.08	
100m: 1:02.43 32.17	200m: 2:09.92	34.48	300m: 3:18.62	35.03	400m: 4:22.59	31.89	
8. Hugo Neves Neto	94	SCC/Oryzon Energias	<b>4:23.44</b>				526
50m: 30.59 30.59	150m: 1:37.54	33.57	250m: 2:44.88	33.67	350m: 3:51.73	33.29	
100m: 1:03.97 33.38	200m: 2:11.21	33.67	300m: 3:18.44	33.56	400m: 4:23.44	31.71	
9. Antero Simao Martins	94	Desportivo Náutico da Marinha	<b>4:25.10</b>				517
50m: 30.66 30.66	150m: 1:36.28	33.06	250m: 2:44.42	34.16	350m: 3:52.65	33.92	
100m: 1:03.22 32.56	200m: 2:10.26	33.98	300m: 3:18.73	34.31	400m: 4:25.10	32.45	
10. Joao Petinga de Almeida	94	Naval da Nazaré	<b>4:31.82</b>				479
50m: 30.44 30.44	150m: 1:37.56	33.90	250m: 2:47.17	35.19	350m: 3:58.21	35.65	
100m: 1:03.66 33.22	200m: 2:11.98	34.42	300m: 3:22.56	35.39	400m: 4:31.82	33.61	
11. Duarte Brites Policarpo	95	Torres Novas	<b>4:34.13</b>				467
50m: 31.29 31.29	150m: 1:41.35	34.78	250m: 2:51.01	34.52	350m: 4:00.30	34.44	
100m: 1:06.57 35.28	200m: 2:16.49	35.14	300m: 3:25.86	34.85	400m: 4:34.13	33.83	
12. Guilherme Filipe Pina	98	Benedita	<b>4:37.64</b>				450
50m: 31.37 31.37	150m: 1:40.64	34.82	250m: 2:51.76	35.67	350m: 4:03.10	35.88	
100m: 1:05.82 34.45	200m: 2:16.09	35.45	300m: 3:27.22	35.46	400m: 4:37.64	34.54	
13. Edi Couto Moderno	95	Núcleo de Pombal	<b>4:43.04</b>				424
50m: 31.68 31.68	150m: 1:41.48	35.56	250m: 2:54.09	36.36	350m: 4:07.89	37.10	
100m: 1:05.92 34.24	200m: 2:17.73	36.25	300m: 3:30.79	36.70	400m: 4:43.04	35.15	
DNS Ricardo Pereira Coelho	98	Alcobaça					
DNS Ricardo Luis Tenreiro	98	BA/Mr.Pizza					
EXH Miguel Angelo Silvestre	97	Alcobaça	<b>4:35.69</b>				459
50m: 31.10 31.10	150m: 1:40.24	34.70	250m: 2:51.20	35.33	350m: 4:01.91	35.22	
100m: 1:05.54 34.44	200m: 2:15.87	35.63	300m: 3:26.69	35.49	400m: 4:35.69	33.78	

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

Prova 13	Femin., 4 x 100m Estilos				12 anos e mais velhos	
21-01-2012 - 17:55					Resultados	
Rec. Nac. 25m Absoluto	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	2009	
Rec. Nac. 25m INF B	4:57.35	Grupo Desportivo Natacao V. N. Farnalim	GNVNF	Ponte da Barca	2010	
Rec. Nac. 25m INF A	4:40.29	Grupo Desp. Natacao V. N. Farnalim	GNVNF	Viseu	2011	
Rec. Nac. 25m JUV	4:33.40	Sport Lisboa e Benfica	SLB	Reboleira	2006	
Rec. Nac. 25m JUN	4:16.94	Sporting Clube de Portugal	SCP	Leiria	2009	
Rec. Nac. 25m SEN	4:06.14	Futebol Clube do Porto/Dolce Vita	FCP	S. António Cavaleiros	2009	
Rec. Est. Tor	4:24.01	CNCVG	CNCVG	Alcobaça	2006	

Pontos: FINA 2011

Lugar					Tempo final	Pts
<b>1. Náutico Académico 1</b>	<b>Náutico Académico</b>				<b>4:31.80</b>	<b>590</b>
Adriana Correia Lopes	95	32.58	1:06.57	Beatriz Neves Craveiro	97	30.82 1:06.91
Gabriela Oliveira Andrade	94	35.37	1:14.81	Mariana Portugal Costa	98	30.51 1:03.51
<b>2. Algés 1</b>	<b>Algés</b>				<b>4:35.72</b>	<b>565</b>
Francisca Gomes Azevedo	97	32.40	1:06.32	Barbara Marques Rodrigues	97	33.50 1:12.70
Barbara Sofia Barata	97	36.05	1:16.81	Carolina Sanchez Rodrigues	97	27.99 59.89
<b>3. União Piedense 1</b>	<b>União Piedense</b>				<b>4:37.09</b>	<b>556</b>
Ana Marta Miranda	96	33.71	1:09.56	Catarina Tiago Nunes	95	29.86 1:05.08
Joana Dias Santos	96	36.99	1:19.37	Helena Paula Carvalho	95	29.99 1:03.08
<b>4. Pimpões/Cimai 1</b>	<b>Pimpões/Cimai</b>				<b>4:41.74</b>	<b>529</b>
Beatriz Oliveira Luis	97	36.06	1:12.76	Joana Margarida Monteiro	91	32.38 1:10.02
Victoria Kaminskaya	95	33.76	1:11.16	Marcia Jacinto Santos	98	31.99 1:07.80
<b>5. SCC/Oryzon Energias 1</b>	<b>SCC/Oryzon Energias</b>				<b>4:45.02</b>	<b>511</b>
Maria Malaguerra Costa	98	33.32	1:08.41	Mariana Cunha Guerra	98	30.85 1:07.70
Ana Miguel Reis	00	40.92	1:27.00	Florbela Cavaco Machado	96	29.87 1:01.91
<b>6. Colégio Vasco da Gama 1</b>	<b>Colégio Vasco da Gama</b>				<b>4:46.93</b>	<b>501</b>
Beatriz Barros Carmo	99	37.81	1:17.64	Ana Filipa Carmo	93	31.94 1:07.22
Ana Beatriz Pereira	91	36.02	1:17.17	Julia Rodrigues Mallen	96	31.06 1:04.90
<b>7. Desportivo Náutico da Marinha 1</b>	<b>Desportivo Náutico da Marinha</b>				<b>4:52.36</b>	<b>474</b>
Catarina Martins Ribeiro	98	37.29	1:16.09	Filipa Vilas Ruivo	97	31.07 1:07.06
Ana Monica Eloi	96	37.94	1:20.23	Barbara Coimbra Teodosio	99	32.94 1:08.98
<b>8. Naval Setubalense 1</b>	<b>Naval Setubalense</b>				<b>4:59.36</b>	<b>441</b>
Maria Mar Costa	95	34.74	1:12.55	Catarina Brito Ferreira	97	33.24 1:11.84
Mariana Ramalhinho Mascarenhas	97	40.28	1:25.89	Margarida Monteiro Sousa	97	32.56 1:09.08
<b>9. Alcobaça 1</b>	<b>Alcobaça</b>				<b>5:00.41</b>	<b>437</b>
Matilde Correia Vieira	00	37.72	1:15.38	Bruna Elisabete Paulino	97	33.28 1:11.34
Sara Mafra Rocha	99	41.65	1:27.96	Ines Filipa Borges	95	31.19 1:05.73
<b>10. Núcleo de Pombal 1</b>	<b>Núcleo de Pombal</b>				<b>5:13.59</b>	<b>384</b>
Mariana Jorge Duarte	97	39.36	1:20.72	Beatriz Duarte Matias	97	36.49 1:21.99
Carolina Santana Goncalves	95	39.57	1:23.85	Cristiana Andreia Lima	95	31.54 1:07.03
<b>11. BA/Mr.Pizza 1</b>	<b>BA/Mr.Pizza</b>				<b>5:16.41</b>	<b>374</b>
Diana Sofia Mirra	00	39.70	1:23.96	Sara Conceicao Peca	99	35.32 1:18.63
Carolina Santos Martins	99	41.24	1:27.30	Catarina Goncalves Leal	98	31.96 1:06.52
<b>12. Naval da Nazaré 1</b>	<b>Naval da Nazaré</b>				<b>5:18.20</b>	<b>367</b>
Barbara Amaro Cerejo	97	38.32	1:18.73	Ines Ricardo Amaral	95	39.03 1:24.29
Ines Serra Duarte	98	40.74	1:27.27	Carolina Francisco Gomes	95	32.28 1:07.91
<b>13. Benedita 1</b>	<b>Benedita</b>				<b>5:33.72</b>	<b>318</b>
Leonor Carlota Rodrigues	98	40.71	1:22.71	Patricia Sousa Paulo	96	36.51 1:24.36
Soraia Alexandra Marques	94	41.46	1:27.74	Carolina Correia Marques	99	37.26 1:18.91
<b>DNS Torres Novas 1</b>	<b>Torres Novas</b>					
<b>EXH Alcobaça 2</b>	<b>Alcobaça</b>				<b>5:30.72</b>	<b>327</b>
Cristiana Vanessa Malho	98	39.06	1:19.43	Ines Rocha Silva	00	38.40 1:19.69
Filipa Andreia Silva	00	47.73	1:40.31	Mara Casimiro Ribeiro	97	33.56 1:11.29

XVI Torneio Taça "Cidade de Alcobaca"  
Alcobaca, 21-1-2012

Prova 14	Masc., 4 x 100m Estilos				13 anos e mais velhos
21-01-2012 - 18:05					Resultados
Rec. Nac. 25m Absoluto	3:35.10	Clube Natacao da Amadora	CNA	S. António Cavaleiros	2009
Rec. Nac. 25m INF B	4:40.64	Clube de Natacao de Alcobaca	CNAL	Leiria	2006
Rec. Nac. 25m INF A	4:20.39	Grupo Desportivo Natacao V. N. Fardos	GNINF	Mealhada	2003
Rec. Nac. 25m JUV B	4:11.92	Soc. Filarm. Uniao Artistica Piedense	SFUAP	Penafiel	1999
Rec. Nac. 25m JUV A	4:03.10	Clube Natacao Colegio Vasco da Gama	CVG	Braga	2003
Rec. Nac. 25m JUN	3:51.87	Soc. Filarm. Uniao Artistica Piedense	SFUAP	Mealhada	2000
Rec. Nac. 25m SEN	3:35.10	Clube Natacao da Amadora	CNA	S. António Cavaleiros	2009
Rec. Est. Tor	3:55.03	CNA	CNA	Alcobaca	2006

Pontos: FINA 2011

Lugar					Tempo final	Pts
<b>1. Náutico Académico 1</b>	<b>Náutico Académico</b>				<b>3:53.54</b>	<b>620</b>
Mario Alexandre Pereira	92	28.04	57.99	Miguel Monteiro Diogo	93	27.11 57.99
Miguel Silva Oliveira	91	30.02	1:04.10	Tomas Miguel Veloso	96	25.59 53.46
<b>2. Colégio Vasco da Gama 1</b>	<b>Colégio Vasco da Gama</b>				<b>3:57.47</b>	<b>589</b>
Diogo Gomes Sousa	95	29.09	59.86	Nuno Goncalo Quintanilha	87	25.45 55.97
Rodrigo Silverio Carmo	96	31.71	1:07.78	Goncalo Cardoso Carmo	96	25.85 53.86
<b>3. Algés 1</b>	<b>Algés</b>				<b>4:07.60</b>	<b>520</b>
Filipe Miguel Felix	96	30.62	1:03.17	Pedro Andre Santos	94	26.93 57.60
Pedro Alexandre Bento	95	32.23	1:10.19	Lucas Monteiro Silva	94	26.86 56.64
<b>4. Alcobaca 1</b>	<b>Alcobaca</b>				<b>4:07.88</b>	<b>518</b>
Diogo Miguel Paulino	90	31.04	1:03.00	Diogo Parrilha da Silva	93	27.58 59.71
Nuno Miguel Feliciano	95	32.39	1:09.16	Andre Alexandre Vicente	94	26.89 56.01
<b>5. União Piedense 1</b>	<b>União Piedense</b>				<b>4:08.06</b>	<b>517</b>
Fabio Alexandre Freitas	94	30.24	1:01.95	Diogo Rodrigues Freitas	98	30.80 1:05.99
Diogo Miguel Silva	95	31.90	1:07.45	Vasco Miguel Gaspar	90	25.01 52.67
<b>6. Naval Setubalense 1</b>	<b>Naval Setubalense</b>				<b>4:10.00</b>	<b>505</b>
Pedro Miguel Varela	86	31.61	1:04.59	Andre Filipe Teodoro	95	27.90 1:00.63
Ricardo Jose Varela	89	30.82	1:06.20	Miguel Gomes Pereira	95	27.75 58.58
<b>7. Pimpões/Cimai 1</b>	<b>Pimpões/Cimai</b>				<b>4:18.20</b>	<b>458</b>
Joao Mota Correia	97	31.34	1:04.66	Francisco Maldonado Freitas	91	30.17 1:05.49
Antonio Fernandes Carrico	98	34.22	1:13.16	Afonso Lopes dos Santos	95	25.91 54.89
<b>8. Desportivo Náutico da Marinha 1</b>	<b>Desportivo Náutico da Marinha</b>				<b>4:18.80</b>	<b>455</b>
Daniel Ribeiro Sousa	95	31.14	1:03.51	Antero Simao Martins	94	28.64 1:02.24
Pedro Alexandre Oliveira	96	35.05	1:14.92	Nuno Valerio Silva	97	27.92 58.13
<b>9. SCC/Oryzon Energias 1</b>	<b>SCC/Oryzon Energias</b>				<b>4:28.70</b>	<b>407</b>
Eduardo Filipe Carvalheiro	97	33.00	1:08.44	Alexandre Valdagua Coutinho	97	29.72 1:04.90
Hugo Neves Neto	94	34.93	1:14.68	Leandro Fernandes Mota	98	28.63 1:00.68
<b>10. BA/Mr.Pizza 1</b>	<b>BA/Mr.Pizza</b>				<b>4:29.58</b>	<b>403</b>
Ricardo Miguel Ribeiro	97	34.97	1:12.14	Diogo Ferreira Neto	95	30.12 1:05.95
Filipe Oliveira Marques	97	32.27	1:11.31	Diogo Manuel Domingues	94	28.29 1:00.18
<b>11. Benedita 1</b>	<b>Benedita</b>				<b>4:33.87</b>	<b>384</b>
Francisco Rogerio Santos	98	35.31	1:11.84	João Pedro Tarquinio	97	32.09 1:08.53
Leonardo Peralta Reis	96	34.27	1:14.26	Henrique Jose Marques	93	28.75 59.24
<b>12. Torres Novas 1</b>	<b>Torres Novas</b>				<b>4:34.68</b>	<b>381</b>
Diogo Antonio Lopes	95	31.36	1:04.76	Duarte Brites Policarpo	95	30.50 1:05.90
Guilherme Antonio Reis	96	35.41	1:14.89	Dario Fausto Matias	98	32.51 1:09.13
<b>13. Núcleo de Pombal 2</b>	<b>Núcleo de Pombal</b>				<b>4:36.46</b>	<b>373</b>
Pedro Rafael Cintrao	96	34.47	1:09.33	Ricardo Contreiras Jeronimo	97	33.11 1:11.13
Goncalo Ferreira Gameiro	94	34.01	1:13.59	Joao Courelas Goncalves	97	30.04 1:02.41
<b>14. Naval da Nazaré 1</b>	<b>Naval da Nazaré</b>				<b>4:59.61</b>	<b>293</b>
Theo Jesus Ferreira	96	37.33	1:17.63	Francisco Ribeiro Constantino	99	34.01 1:14.75
Nazar Bezkorovaynyy	99	42.94	1:31.56	Joao Petinga de Almeida	94	26.62 55.67
<b>EXH Alcobaca 2</b>	<b>Alcobaca</b>				<b>4:28.32</b>	<b>408</b>
Pedro Miguel Rodrigues	97	33.72	1:09.29	Joao Andre Gomes	97	30.17 1:05.26
Joao Bernardo Jorge	97	34.97	1:14.66	Alexandre Miguel Laureano	97	28.34 59.11

XVI Torneio Taça "Cidade de Alcobaça"  
Alcobaça, 21-1-2012

---

Prova 14, Masc., 4 x 100m Estilos

Lugar					Tempo final	Pts
EXH	Alcobaça 3			Alcobaça	<b>6:17.85</b>	<b>146</b>
	Tiago Correia Faustino	99	41.92	1:26.41	Joao Mateus Ferreira	98 42.07 1:37.19
	Pedro Alves Almeida	99	47.82	1:42.02	Maksym Myron	99 42.01 1:32.23